

National Resources

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[988 Lifeline](#)→

A national suicide prevention and crisis line. *Note.* Using this lifeline has pros and cons. Read [this report](#)→ to find out more.

Resource Category: My Support

A

[Advocates for Trans Equality \(A4TE\)](#)→

A nonprofit organization focused on policy advocacy and activism to advance transgender equality

Resource Category: My Rights

[American Civil Liberties Union \(ACLU\)](#)→

A US nonprofit organization focusing on defending American civil rights

Resource Category: My Rights

B

[BlackLine](#)→

A hotline centered on BIPOC and LGBTQIA+ communities providing an anonymous and confidential way to report negative interactions with police as well as access crisis counseling

Resource Category: My Rights, My Support

C

[The Cancer Network](#)→

An organization that aims to improve the lives of LGBTQIA+ cancer survivors and those at risk through education, training, and advocacy.

Resource Category: My Care

F

[Family Caregiver Alliance](#)→

A national nonprofit caregiver support organization

Resource Category: My Support

[**Fenway Health LGBTQIA+ Health Education Center**](#)→

Webinars, publications, and other resources with CE credit for eligible materials

Resource Category: My Care

[**Five Wishes**](#)→

A low-cost, national advance directive form

Resource Category: My Plans

L

[**Lambda Legal**](#)→

A US civil rights organization focusing on LGBTQIA+ communities

Resource Category: My Rights

[**LGBTQ Caregiver Center**](#)→

An organization that provides information and resources and delivers training and services to enhance the health and well-being of LGBTQ caregivers

Resource Category: My Support

[**LGBTQ+ Healthcare Directory**](#)→

A tool to find trans-friendly healthcare providers provided by GLMA and The Tegan and Sara Foundation

Resource Category: My Care

[**Long-term Care Equality Index**](#)→

A database of LGBTQIA inclusive long-term care facilities

Resource Category: My Plans

M

[**Marsha P. Johnson Institute Resource Map**](#)→

an organization that champions support and solutions for black trans people in the US in honor of human rights defender and Stonewall icon Marsha P. Johnson

Resource Category: My Rights, My Support

[**Movement Advancement Project**](#)→

A nonprofit think tank generating research to help promote equality for all

Resource Category: My Rights

O

[**OutList**](#)→

An international directory of LGBTQ friendly healthcare providers

Resource Category: My Care

P

[Planning for Lifelong Care](#)→

A resource from SAGE and the Transgender Law Center with guiding questions for transgender and nonbinary people to plan for dementia and other serious illness
Resource Category: My Plans

[Prepare for Your Care](#)→

An advance care planning resource developed at the University of California, San Francisco
Resource Category: My Plans

Q

[Queer Grief Club](#)→

An LGBTQ-friendly support group for people who have lost someone close to them
Resource Category: My Support

S

[Serious Illness Workbook](#)→

A resource from The Conversation Project and Ariadne Labs to help people of any gender identity consider what matters to them about their care
Resource Category: My Plans

[SAGE](#)→

A national advocacy and services organization focused on LGBTQIA+ older adults
Resource Category: My Rights, My Support

[SAGE Advance Care Planning Toolkit](#)→

A resource with information about preparing for your care during a serious illness or at the end of life
Resource Category: My Plans

[SAGE National Resource Center on LGBTQ+ Aging](#)→

A comprehensive collection of resources for LGBTQIA+ older adults
Resource Category: My Care

[SAGEYou](#)→

A platform for community and connection for LGBTQIA+ older adults
Resource Category: My Support

T

[The Conversation Project](#)→

A public engagement initiative of the Institute for Healthcare Improvement providing free tools and resources for advance care planning

Resource Category: My Plans

[THRIVE Lifeline](#)→

A trans-led grassroots organization offering free text-based mental health support

Resource Category: My Support

[Transforming Choices Guide](#)→

A workbook with guiding questions to help trans and gender-expansive people make decisions about their healthcare now and in later life

Resource Category: My Plans

[Transgender Law Center](#)→

Largest US transgender-led civil rights organization

Resource Category: My Rights

[Trans Legislation Tracker](#)→

A website that tracks anti-transgender bills in the United States

Resource Category: My Rights

[Trans Lifeline](#)→

877-565-8860

A trans-led grassroots hotline and microgrants non-profit organization offering emotional and financial support to trans people in crisis

Resource Category: My Support

W

[The Wildflower Alliance](#)→

888-407-4515

A grassroots peer support, advocacy, and training organization with a focus on harm reduction and human rights

Resource Category: My Rights, My Support

[WPATH Standards of Care](#)→

Guidelines from the World Professional Organization for Transgender Health

Resource Category: My Care

Regional Resources

Northeast

[Apicha](#)→

A community health center that provides compassionate healthcare services for Asian Americans and Pacific Islanders (AAPI) and persons living with HIV in New York City

[Callen-Lorde](#)→

An organization providing health care and related services for New York's lesbian, gay, bisexual, and transgender communities

[Fenway Health](#)→

A non-profit community health center in Boston, MA focusing on LGBTQIA+ healthcare, research, and advocacy

[Mazzoni Center](#)→

The largest health and wellness center serving the Philadelphia LGBTQ+ community

[Transhealth](#)→

A non-profit healthcare organization devoted to serving the trans and gender-diverse community in Massachusetts

South

[Campaign for Southern Equality](#)→

An initiative based in the southern regions of the US focused on promoting equality for LGBTQIA+ people

[Trans in the South Guide](#)→

A directory of trans-affirming health and legal service providers provided by the Campaign for Southern Equality

[Virginia Transgender Resource and Referral List](#)→

A listing of services, providers, and resources for transgender people living in Virginia

Midwest

[Center on Halsted](#)→

An organization focused on the health and well-being of LGBTQ people in Chicago and throughout the Midwest

[Howard Brown Health](#)→

A nonprofit LGBTQIA+ healthcare and social services provider based in Chicago, IL

West

[Los Angeles LGBT Center](#)→

An organization offering programs, services, and global advocacy in four areas: health, social services and housing, culture and education, and leadership and advocacy

[Transgender Gender-Variant & Intersex Justice Project \(TGIJP\)](#)→

An organization that addresses human rights abuses committed against Black/Brown trans people inside and outside of California prisons, jails, and detention centers

[Openhouse](#)→

An organization based in San Francisco, CA providing services, housing, and community programs for LGBTQIA+ older adults

Washington DC

[Whitman-Walker Health](#)→

A non-profit community health center focusing on HIV/AIDS and LGBTQIA+ healthcare